## Useful Reference Points • www.hae.org.uk/businessguard

Before Starting Work.

## (HAW) SNOITAJUĐJR THE WORK AT HEIGHT

It you are at work and working at height, then

the work at height regulations apply to you.

height and all types of access equipment. The regulations cover all aspects of work at

inappropriate use of ladders and steps. One of the regulations aims to reduce the

ine salesi meinod. carry out a risk assessment of the task to find Persons planning to work at height must

barricularly dependent on the tollowing The safe use of access equipment is

- contorming to a recognised standard. 1. Good quality equipment/ components,
- berson. Correct assembly by a competent
- 3. A correct trained end user.
- 4. Suitable and sufficient work area/space.

## **AAHA XHOW**

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preventing anyone entering your work or warning signs to protect others by other people may pass, put up barriers, continuously in the same area, or where 1. If you are using this equipment

Speedy

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tatutory Instruments

The Crescent Birmingham Business Park A50 Regents Court HILE ASSOCIATION EUROPE

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1217 Safety Guidance

Podium steps are designed to be a safer alternative to step

Do not over load the steps. Confirm the maximum load

Do not exceed the safe working load (SWL) detailed on the

Never remove components from the steps while in use.

controlled way. Keep fingers clear of moving parts.

Securely lock all the castors before using the podium steps.

Do not lean ladders or other items against the podium steps

Do not ride on or attempt to move the steps when loaded.

ladders and offer a stable working platform.

capacity with the hire company.

Do not over reach from the steps.

working platform.

drugs or alcohol.

to have arisen f

**Podium Steps** 

It is important to read all of this leaflet and the manufacturers

assembly guide, which will be supplied to you by the hire company, before you use the podium steps

The action of these podium steps can cause injury or damage if not used in a careful and

10. If you have not used podium steps before, familiarize yourself with the equipment before

11. You should wear the following items of personal protective equipment: Safety boots

12. These podium steps must not be used by minors, or by anyone under the influence of

13. These steps are designed for operation by an able bodied adult. Anyone with either temporary or permanent disability must seek expert advice before using them.

Every effort has been made by HAE/EHA to ensure that the information given in this document and supporting materia

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is accurate and not misleading. HAE/EHA cannot accept responsibility for any loss or liability perc nave arisen from the use of any such document/material. Only Acts of Parliament and Statutory Ins

(EN 345 or BS1870 / 4972); Safety helmet (EN397 or BS5240); Gloves.

you start work. Practice assembling and disassembling a small section of the steps.

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**СПОТАЯЗЧО** 

sand cables.

higher level of protection.

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height or when someone is working

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You should wear a safety helmet (EN397

You must wear safety boots (EN345 or

lops or environments may require a

you are using podium steps. Particular

minimum that should be worn whenever

protective equipment (ppe) are the

them away from overhead electric fittings

Podium steps are made of metal, keep

level such as smooth concrete, level

rough or soft ground. The floor must be

and safe and that no one is near to you

paving stabs, wooden floor or similar.

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S. Make sure that your work area is clear

or could distract you.

1. The following items of personal







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company

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10.

Castings - Check for cracks Welds - Free from cracks

Outriggers - Straight, feel flat

Decks - No damage, free from debris

Hire Association Europe 2450 Regents Court The Crescent

boards is mandatory.

properly in position.

removed.

windy.

steps to a fixed structure.

most situations the proper use of toe

titted on the deck. You should note that in

12. Ensure that toe boards are correctly

11. Ensure that all guard and handrails are

10. Under some conditions it may be

9. Push and pull mobile podiums steps into

8. Do not move the podium steps until all

necessary to securely fix the podium

position whilst standing on level ground.

persons and equipment have been

side of building or similar rigid structure.

steps by pushing too hard against the

take care not to unbalance the podium

7. When drilling or using other equipment

6. Do not use podium steps outside if it is

interior or exterior use in the

manutacturers assembly guide.

Remember the wheel brakes should always be locked when in use. Always make sure that the stabilizers are in the correct position.

Stop working and make the equipment safe if someone approaches you.

11. You may want to read this leaflet again. Please keep it until you finish work.

- Take care not to bang your head on any overhead hazards.
- 7.

For guidance on managing

construction health risks go to

www.hse.gov.uk/construction

Using the Podium Steps

Wear your personal protective equipment including safety boots and helmet.

Inspect the equipment before each use. Pay particular attention to;

Tubes/braces/Rungs - Straight and with indents less then 5mm deep

Castors - Moves freely, threads free from damage, brake working

Keep hands, hair and loose clothing away from all moving parts.

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assembled for the height specified for

obstacles and be aware of power cables.

sure that the ground is suitable to take

is level and free from obstruction. Make

been supplied and are in good condition.

that all the necessary components have

3. Before assembly check that the ground

5. Use the checklist supplied and ensure

1. Podium steps should only be assembled

also need to wear appropriate personal

and a dust mask with minimum

may need goggle: EN166 or BS2092;

above you. On a construction site you

Tepending on the job you are doing you

must wear a helmet at all times.

P. Anybody who is working near to you will

by a competent person.

protective equipment.

SETTING UP PODIUM STEPS

protection of EN149:2001ffp2.

5. The podium steps must only be

4. Ensure that there are no overhead

the weight of the podium steps.

e.org.uk

- metal which will conduct electricity down to the user.

- 6.
- Keep the podium steps away from the overhead electric fittings and cables. It is made of

Ensure that the podium steps are safe and secure if left unattended – even for a short time.

If your equipment does not work properly, do not attempt to repair it. Contact the hire

Please keep this leaflet safely as it may be required for future reference

Inspect the equipment for damage regularly, at least daily.